## Well-Child & Adolescent Well-Care Assessments

Including Nutrition and Physical Activity



## Well-Child Visits in the First 30 Months of Life (W30)<sup>1</sup>

The percentage of members who had the following number of well-child visits with a PCP during the last 15 months

#### The following rates are reported:

- Well-child visits in the first 15 months: Children who turned 15 months old during the measurement year six or more well-child visits
- Well-child visits for 15-30 months: Children who turned 30 months old during the measurement year two or more well-child visits
- Performed January 1–December 31 of the measurement year

#### Well-Child Visits in the First 15 Months

Six or more well-child visits on different dates of service **by the child's 15-month birthday** 

- The well-child visit must occur with a PCP, but the PCP does not have to be the child's assigned practitioner.
- Administrative-only measure (medical record/hybrid method removed)

## Child and Adolescent Well-Care Visits (WCV)

The percentage of members 3–21 years of age who had at least one comprehensive well-care visit with a PCP or OB/GYN during the measurement year

- The well-care visit must occur with a PCP or OB/GYN, but the practitioner does not have to be the member's assigned practitioner.
- Administrative-only measure (medical record/hybrid method removed)
- Performed January 1–December 31 of the measurement year

#### Well-Child Visits for Ages 15-30 Months

Two or more well-child visits on different dates of service **between one day after the child's 15-month birthday and the child's 30-month birthday** 

- The well-child visit must occur with a PCP, but the PCP does not have to be the child's assigned practitioner.
- Administrative-only measure (medical record/hybrid method removed)

Well-Care Visit Codes Note: Members in hospice are excluded.		
CPT <sup>®</sup> Codes	ICD-10 Codes	
99381-99385, 99391-99395, 99461	Z00.00, Z00.01, Z00.110, Z00.111, Z00.121, Z00.129, Z00.2, Z00.3, Z02.5, Z76.1, Z76.2	

## Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)<sup>2</sup>

The percentage of members 3–17 years of age who had an outpatient visit with a PCP or OB/GYN and who had evidence of the following during the measurement year:

- BMI percentile documentation
- Counseling for nutrition
- Counseling for physical activity

Note: The practitioner does not have to be the member's assigned practitioner.

- An outpatient visit with a PCP or OB/GYN during the measurement year
- Performed January 1–December 31 of the measurement year (identified by administrative data and medical record review)

<sup>1</sup> NCQA. HEDIS® Technical Specifications — MY 2020 & 2021, Volume 2 (epub)

<sup>2</sup> NCQA. HEDIS Technical Specifications — MY 2020 & 2021, Volume 2 (epub)

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## arkansas total care

#### **BMI** Percentile

BMI percentile during the measurement year

- Evaluates whether BMI percentile is assessed rather than an absolute BMI value
- Documentation must include height, weight and BMI percentile during the measurement year and **be from the same data source**.

Either of the following meets criteria for BMI percentile (only):

- BMI percentile documented as a value (e.g., 85th percentile)
- BMI percentile plotted on an age-growth chart

#### **Counseling for Nutrition**

Counseling for nutrition or referral for nutrition education during the measurement year. Documentation must include a note indicating the date and **at least one** of the following:

- Discussion of current nutrition behaviors, such as eating habits
- Checklist indicating nutrition was addressed
- Counseling or referral for nutrition education
- Evidence that the member received educational materials on nutrition during a face-to-face visit
- Anticipatory guidance for nutrition
- Weight or obesity counseling

### **Counseling for Physical Activity**

Counseling for physical activity or referral for physical activity during the measurement year. Documentation must include a note indicating the date and **at least one** of the following:

- Discussion of current physical activity behaviors (exercise routine, participation in sports activities, exam for sports participation)
- Checklist indicating physical activity was addressed
- Counseling or referral for physical activity
- Evidence that the member received educational materials on physical activity during a face-to-face visit
- Anticipatory guidance specific to the child's physical activity
- Weight or obesity counseling

Weight Assessment and Counseling Codes Note: Female members with a pregnancy diagnosis may be excluded.				
Description	CPT <sup>®</sup> Code(s)	HCPCS Code(s)	ICD-10 Code(s)	
Outpatient	99201-99205, 99211-99215, 99241-99245, 99341-99343, 99345, 99347-99350, 99381-99385, 99391-99395, 99401-99402	T1015		
BMI Percentile			Z68.51-Z68.54	
Nutrition Counseling	97802-97803	S9470	Z71.3	
Physical Activity Counseling			Z02.5, Z71.82	